

## Topic: Working at our Passions While Maintaining Balance

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### Participants

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### Main Points:

How can you create more roles in a group to delegate?

- You step up to lead if no one else does, but it does not feed you
- Activation of each individual in the community – finding the hooks for everyone to include everyone
- Passionate about the environment – but exhausted as a result of full time work, so hard to find a way to save energy
- How we live our lives affects all of this
- Owning own business – creates more work
- Child care – lack of community childcare, especially this winter – can we do a community co-op effort to care for the kids? Trade off days? How much productivity was lost this winter?
- Buying locally – supporting each other by making sure we all buy locally
  - Emphasize this
  - Develop an emblem for local products – like “fair trade”
  - Develop local currency – Community Exchange Network
  - Could we develop a tax incentive for buying or producing local products/services
- What are your passions? What feeds you?
  - REI, environment, life long learning, meeting new people, life without gas-carriages (30 miles of carriage roads @ Moses Cone), turning off lights and using solar heater and kerosene, slowing down, being around passionate people, physical movement and dance, reclaim the life that is ours.
  - Have to prioritize! What can we let go of? Do what you love – no matter what. Focus on the good parts of a job because all have positives and negatives!
- Desperation – The antithesis of living passionately – hard to be creative
  - No one can face Peak Oil alone!
  - How to make it through this in the winter
  - plan and support resources
- People Circles – get together to encourage each other and share support and resources

**Action Steps:**

- Community Child care co-ops
- Emphasize buying local products and services
  - Tax incentives, emblems, local currency
- People circles – provide support, resource-sharing, etc.